

PRACTICAL PHILOSOPHY WEEKEND RETREAT

Waterperry House,
Oxfordshire, OX33 1LA.

Weekly sessions build foundation.
The retreat brings transformation.

30th October – 1st November 2026

Our weekly sessions build the foundation, the residential retreat is where the real integration happens. It's an invitation to step away from daily distractions and fully inhabit the practices we've discussed, turning theory into lived experience:

Find Peace: Cultivate deeper mental clarity through guided quiet periods. Practical activity: Engage in hands-on sessions that bring philosophical ideas to life. Connect and share insights and fellowship with others of like mind.

Optional Creative Workshops

Such as Calligraphy, Drawing, Yoga, Bread Making, Singing or contributing to the care of the house. Or take advantage of the free entrance to the gardens.

Essential Details

Cost	£145 (Includes all meals and accommodation)
Food	Simple, locally sourced vegetarian meals
Accommodation	Shared rooms (Limited single rooms for genuine need). The more who share the more we can accommodate.
Arrival	Friday from 5:00 PM (Supper 6:30 PM; Opening at 8:00 PM)
Departure	Sunday by 3:30 PM
Requirement	For students who have completed Part 1 (on-line or in-person)

Preparation Checklist

- **Bedding:** Please bring your own sheets, duvet cover, pillowcases, and towels (or hire for £17).
- **Clothing:** Bring comfortable "work" clothes for outdoor/indoor tasks (including waterproofs) and smart/casual attire for the evenings.
- **Personal:** All students should bring a bathrobe or dressing gown.

Registration & Location - Spring Retreat Sold Out

- Register [here](#). Full payment or deposit £50.
- Transport: If arriving by public transport via Thornhill Park and Ride, please contact the office days in advance to coordinate collections or shared travel.
- Note: As a self-sufficient community retreat, we all work together to prepare meals and care for the house, embodying the principles of practical philosophy.



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Registered charity numbers 313115 SC039950